

DETAILED ALLERGENS 2024

DRESSINGS

Basil Caesar Dressing: Milk, Fish, Eggs, Mustard, Sulphur Dioxide
Balsamic Vinegar: Sulphur Dioxide
French Dressing: Mustard, Sulphur Dioxide
Ginger Sesame Dressing: Sesame Seeds, Soybeans, Sulphur Dioxide
Satay Sauce: Soybeans, Peanuts, Sulphur Dioxide, Mustard
Spicy Tahini Dressing: Sesame Seeds, Sulphur Dioxide
Chipotle Vinaigrette: Sulphur Dioxide
Spicy Cashew Dressing: Sulphur Dioxide, Nuts (Cashews), Soybeans, Sesame Seeds, Fish

MARINADES & MEATS

Bacon: Sulphur Dioxide
Harissa Marinade for Beans: Sulphur Dioxide
Blackened Marinade for Chicken: Sulphur Dioxide
Herby Marinade for Chicken: Sulphur Dioxide
Pickle Liquid: Sulphur Dioxide
Tofu & Trout Marinade: Soybeans, Sesame Seeds, Sulphur Dioxide

SAUCES & TOPPINGS

Feta: Milk (Pasteurised)
Guacamole: Sulphur Dioxide
Hummus: Sesame Seeds, Sulphur Dioxide
Paprika Yoghurt: Eggs, Mustard, Milk, Sulphur Dioxide
Parmesan: Milk, Eggs (Pasteurised)
Peanut Satay: Peanuts, Mustard, Soybeans, Sulphur Dioxide
Tamarind Yoghurt: Milk, Egg, Mustard
Green Olive Salsa: Sulphur Dioxide
Jaew 'Sweet' Thai Salsa: Sulphur Dioxide, Fish

CRUNCH

Corn Tortilla Chips: No Allergens
Crispy Spiced Shallots: Gluten (Wheat), Mustard
Sesame Peanuts: Peanuts, Sesame Seeds
Sourdough Croutons: Gluten (Wheat, Rye)
Spiced Pumpkin Seeds: No Allergens
Toasted Mixed Seeds: Sesame Seeds

GRAINS & VEG

Lemony White Rice: Celery, Sulphur Dioxide, Mustard
Quinoa: Celery
Bombay Potatoes: Sulphur Dioxide, Mustard
Sweet Potato: Sulphur Dioxide
Apple: Sulphur Dioxide
Semi Dried Tomato: Sulphur Dioxide
Charred Broccoli: Sulphur Dioxide
Tomato Salsa: Sulphur Dioxide
Sweetcorn Salsa: Sulphur Dioxide
All Pickled Veg: Sulphur Dioxide
No Allergens:
Brown Rice, Fresh Cabbage, Spring Onion, Mushroom